



There are a variety of ways you can give back to your community by volunteering to help Mental Health America of Jackson County (MHAJC). If you see something that you feel would be of interest to you, please print and mail or fax this form to us. We will contact you as the time for that project comes near to talk to you about the event.

Sending in this form does not obligate you in any way, should your current situation change. Helping others will improve your mental health and make our community a better place. Thank you for your interest.

- I am interested in becoming a MHAJC Board member.
- I would like to help with the Health Fairs or KidsFest.
- I would like to help with the annual "Day of Caring."
- I would like to help with the Christmas Gift Lift.
- I would like to help with the annual membership drive.
- I would like to help with the annual live Christmas wreath and decoration sales.
- I would like to help with mailings or other office work.
- I like to cook and would enjoy helping with snacks or food preparation.
- I can help provide client transportation to an event if needed.
- I would like to help with the monthly social(s) listed below:
 - Valentines Dance and Crafts
 - Giving Back to Our Community
 - Game Night
 - Picnic in the Park
 - Bowling Party
 - Halloween Party
 - Christmas Dinner

Name _____

Phone Number _____

Please return this form by fax:

Or return by mail to:

(812) 524-8176

Mental Health America Jackson County

PO Box 51

Seymour, IN 47274-0051